

Beef Tenderloin Marinade Recipe



Marinade Recipe:

Worcestershire Sauce 1 gal.

Moore's Original 8 oz (1/2 bottle)

A1 Steak Sauce 32 oz (2 large bottles 16 oz each)

Red Wine ½ to ½ cup (Cooking Wine or Merlot)

Pineapple Juice 12 oz

Lemon Juice 2 table spoons

Steak Rub, Spices, Herbs Optional and your preference

Marinade Instructions:

- Mix well all ingredients in large container before adding meat. A medium cooler works nice for this.
- Marinade meat 8 to 12 hrs and keep refrigerated.
- This recipe should be enough to cover a 6 to 8 pound tenderloin.

Cooking Instructions:

- Light briquettes and allow them to gray.
- Spread briquettes out evenly.
- Adjust briquettes to lowest level.
- Place tenderloin on grill and sear each side (2 3 minutes each)
- Close the grill lid.
- I usually cook mine for 2 to 3 hours. But cook to the level of doneness you want. Use a meat thermometer to monitor. Check heat and add briquettes accordingly.
- One beef tenderloin normally feeds 10 to 12 people.

Enjoy!

www.FourOaksCrafts.com